

# **Evergreen Swim Club**

## **Travel Swimmer Code of Conduct**

TRAVEL CODE OF CONDUCT FOR EVERGREEN SWIM CLUB SWIMMERS GOVERNING PARTICIPATION IN THE EVERGREEN PROGRAM DURING TRAVEL AWAY MEETS.

The Evergreen Swim Club will seek out of town swimming competition for the following reasons:

- A) Different individual competitions;
- B) A higher quality of competition;
- C) Experience in trial/finals competition;
- D) Conditions conducive to exceptional performances.

ESC may travel as a team to these meets and everyone is expected to behave in an exemplary manner. The reputation of ESC, as well as the other athletes with you, is dependent on your behavior

### **PURPOSE**

The purpose of this code is to promote the best possible individual, team, and program responsibility which supports the development of first class citizens at all times.

### **PART I – GENERAL CODE OF CONDUCT RULES**

1. No team meetings may be missed. Be punctual to all meetings and warm-up times.
2. Curfews at team travel events, as a member of Evergreen Swim Club or USA Swimming sponsored event and at all related activities will be obeyed. Extension will only be granted by the Head Coach. Curfew is not enforced if participant is with parents.
3. At no times will male and female athletes be in the same room together with the door closed, unless supervised by designated Club official,( i.e. team chaperon, parent) . This applies to ESC members or members of any other team.
4. Any damages or thievery incurred at a motel will be at the expense of the swimmers assigned to that room, and further disciplinary action will be taken.
5. No loud or boisterous behavior will be tolerated in the hallways or public areas, and such behavior should be kept to a minimum in your rooms. Make all long distance calls on a credit card or collect.
6. All team members will be polite in restaurants. Leave a 15% tip. If there has been a problem with the service, see the coach.

7. The underage use of alcoholic beverages is unacceptable at any time. The consumption or purchase of alcohol, smoking or chewing tobacco, or use of any other illegal drug or substance of any kind, other than those prescribed by your physician, unacceptable at any time on any team trip. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments and probable expulsion from ESC. The coaching staff holds the final word on this violation. The swimmer will be immediately scratched from the meet and sent home. Additionally the swimmer will be subject to the discipline policy laid out in the ESC handbook.
8. Disrespectful, indiscreet or destructive behavior will not be tolerated. It is the responsibility of each swimmer to make every effort to avoid guilt by association with such activities.
9. All participants and their parents have a responsibility to do their best to ensure that this Travel Code of Conduct is adhered to and to help ensure the safety of these Program participants.

**PART II- VIOLATION OF THE CODE OF CONDUCT RULES**

**At the discretion of the Head Coach** any one or all of the following penalties will be applied:

1. Swimmer may be scratched from the meet.
2. Swimmer may be sent home immediately from practice or meet at his own expense and if there is extra expense it will be swimmer's responsibility.
3. Swimmer may be suspended from the team until the swimmer and parents have had a conference with the Head Coach and appropriate disciplinary actions have been implemented. This is automatic with violations of General Conduct rules 4 and (or) 7.
4. Violation of General Conduct Code Rules 3, 4 and/or 7 on team trips will result in the swimmer being suspended from ALL team trips for the remainder of the swim year and/or a specific period determined by the Head Program Coach.

I, hereby agree to abide by the rules of conduct as set forth in Part I above and acknowledge that, should I violate any provision in Part I, I will be subject to disciplinary action, as set forth in Part II, including suspension.

I understand in order to participate in \_\_\_\_\_ meet  
on \_\_\_\_\_ that I must abide by the above policy.

\_\_\_\_\_  
Signature of Swimmer

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date